



**DEMENTIA AWARENESS WEEK PROJEC-
REDUCING RISK FACTORS FOR DEMENTIA**

Tasks for practice Receptionists

We welcome your participation in our project which is run in conjunction with Dementia Awareness Week, September 19-26 2008

YOUR PARTICIPATION is entirely voluntary and results are anonymous.

OUR AIM is to get the message about dementia risk reduction into the GP surgery and expose both patients and staff to the concept of reducing risk factors for this disease.

DEMENTIA is currently the 4th leading cause of death in people aged over 65 years in Australia. By the year 2016 we estimate it will be the leading cause of disability.

THIS PROJECT forms part of Ph D studies for Dr Fiona Millard, supervised by Professors Bernhard Baune & Lee Kennedy, James Cook University, Townsville.

This project has **ETHICS APPROVAL** from James Cook University Ethics committee.

TASKS

1. Estimate how many patients aged over 30 you see a day and have ready this number of questionnaires and information sheets each day, Monday 22-Friday 26 September 08
2. Make sure you have a coin you can toss.
3. When patients present over 30 years of age (or younger if they want), invite them to complete a questionnaire about risks for dementia while they are waiting.
 3. If they say 'Yes', toss a coin
Write H or T at the top of their questionnaire to indicate whether they get Heads or Tails.
Heads they get the information sheet with the questionnaire.
Tails they get the information sheet after completing and returning the questionnaire.
4. If they say 'No', still offer them the information sheet to read while they are waiting.
5. Ensure either you or the practice manager returns all complete questionnaires by fax, email or post.

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ALL THE BEST